BOYS

A [growth chart](http://www.babycenter.in/a25010995/growth-charts-understanding-the-results) helps you and your paediatrician track whether your baby is growing properly over time.  
  
There is no ideal height and weight for a baby, but there is a growth pattern that most babies follow. Tracking your baby's height and weight on a growth chart will allow his doctor to see whether he is developing according to this pattern. 

But to track whether your baby is growing adequately over time, you will need to use a chart that shows his growth curve and percentile.

| **Boys' growth standards: birth to 12 months\*** | | | |  |
| --- | --- | --- | --- | --- |
| **Months** | **Length (cm 3rd to 97th percentile** | **Weight (kg) 3rd to 97th percentile** | **Head circumference (cm)**  **3rd to 97th percentile** |  |
| [0](http://www.babycenter.in/s1001637/newborn) | 46.3 - 53.4 | 2.5 - 4.3 | 32.1 - 36.9 |  |
| [1](http://www.babycenter.in/s1001642/4-week-old) | 51.1 - 58.4 | 3.4 - 5.7 | 35.1 - 39.5 |  |
| [2](http://www.babycenter.in/s1001646/2-month-old-first-week) | 54.7 - 62.2 | 4.4 - 7.0 | 36.9 - 41.3 |  |
| [3](http://www.babycenter.in/s1001650/3-month-old-first-week) | 57.6 - 65.3 | 5.1 - 7.9 | 38.3 - 42.7 |  |
| [4](http://www.babycenter.in/s1001654/4-month-old-first-week) | 60.0 - 67.8 | 5.6 - 8.6 | 39.4 - 43.9 |  |
| [5](http://www.babycenter.in/s1001658/5-month-old-first-week) | 61.9 - 69.9 | 6.1 - 9.2 | 40.3 - 44.8 |  |
| [6](http://www.babycenter.in/s1001662/6-month-old-first-week) | 63.6 - 71.6 | 6.4 - 9.7 | 41.0 - 45.6 |  |
| [7](http://www.babycenter.in/s1001666/7-month-old-first-week) | 65.1 - 73.2 | 6.7 - 10.2 | 41.7 - 46.3 |  |
| [8](http://www.babycenter.in/s1001670/8-month-old-first-week) | 66.5 - 74.7 | 7.0 - 10.5 | 42.2 - 46.9 |  |
| [9](http://www.babycenter.in/s1001674/9-month-old-first-week) | 67.7 - 76.2 | 7.2 - 10.9 | 42.6 - 47.4 |  |
| [10](http://www.babycenter.in/s1001678/10-month-old-first-week) | 69.0 - 77.6 | 7.5 - 11.2 | 43.0 - 47.8 |  |
| [11](http://www.babycenter.in/s1001682/11-month-old-first-week) | 70.2 - 78.9 | 7.4 - 11.5 | 43.4 - 48.2 |  |
| [12](http://www.babycenter.in/s1001686/1-year-old) | 71.3 - 80.2 | 7.8 - 11.8 | 43.6 - 48.5 |  |

**GIRLS**

Baby girl's growth chart

This chart gives the measurement range between the 3rd and 97th percentile of the WHO growth standards for baby girls. Checking that your baby fits into this range can reassure you that she is within the normal range of height, weight and head circumference measurements for her age.   
  
But to track whether your baby is growing adequately over time, you will need to use a chart that shows her growth curve and percentile.

| **Girl's growth standards: birth to 12 months\*** | | | |  |
| --- | --- | --- | --- | --- |
| **Months** | **Length (cm) 3rd to 97th percentile** | **Weight (kg) 3rd to 97th percentile** | **Head circumference (cm)**  **3rd to 97th percentile** |  |
| [0](http://www.babycenter.in/s1001637/newborn) | 45.6 - 52.7 | 2.4 - 4.2 | 31.7 - 36.1 |  |
| [1](http://www.babycenter.in/s1001642/4-week-old) | 50.0 - 57.4 | 3.2 - 5.4 | 34.3 - 38.8 |  |
| [2](http://www.babycenter.in/s1001646/2-month-old-first-week) | 53.2 - 60.9 | 4.0 - 6.5 | 36.0 - 40.5 |  |
| [3](http://www.babycenter.in/s1001650/3-month-old-first-week) | 55.8 - 63.8 | 4.6 - 7.4 | 37.2 - 41.9 |  |
| [4](http://www.babycenter.in/s1001654/4-month-old-first-week) | 58.0 - 66.2 | 5.1 - 8.1 | 38.2 - 43.0 |  |
| [5](http://www.babycenter.in/s1001658/5-month-old-first-week) | 59.9 - 68.2 | 5.5 - 8.7 | 39.0 - 43.9 |  |
| [6](http://www.babycenter.in/s1001662/6-month-old-first-week) | 61.5 - 70.0 | 5.8 - 9.2 | 39.7 - 44.6 |  |
| [7](http://www.babycenter.in/s1001666/7-month-old-first-week) | 62.9 - 71.6 | 6.1 - 9.6 | 40.4 - 45.3 |  |
| [8](http://www.babycenter.in/s1001670/8-month-old-first-week) | 64.3 - 73.2 | 6.3 - 10.0 | 40.9 - 45.9 |  |
| [9](http://www.babycenter.in/s1001674/9-month-old-first-week) | 65.6 - 74.7 | 6.6 - 10.4 | 41.3 - 46.3 |  |
| [10](http://www.babycenter.in/s1001678/10-month-old-first-week) | 66.8 - 76.1 | 6.8 - 10.7 | 41.7 - 46.8 |  |
| [11](http://www.babycenter.in/s1001682/11-month-old-first-week) | 68.0 - 77.5 | 7.0 - 11.0 | 42.0 - 47.1 |  |
| [12](http://www.babycenter.in/s1001686/1-year-old) | 69.2 -  78.9 | 7.1 - 11.3 | 42.3 - 47.5 |  |

# **Milestone chart: One to six months**

Approved by the [BabyCenter India Medical Advisory Board](http://www.babycenter.in/e1001109/medical-advisory-board)

###### **Share**

What to expect from your baby at this stage.

| **Mastered Skills (most children can do)** | **Emerging Skills (half of children can do)** | **Advanced Skills (a few children can do)** |
| --- | --- | --- |
| Child's Age : [One month](http://www.babycenter.in/a1077/baby-development-your-1-month-old) | | |
| * [Lifts head](http://www.babycenter.in/a6579/developmental-milestones-head-control) * Responds [to sound](http://www.babycenter.in/a6509/developmental-milestones-hearing) * [Stares at faces](http://www.babycenter.in/a6508/developmental-milestones-sight) | * Follows objects * Ooohs and ahhs * Can [see black-and-white patterns](http://www.babycenter.in/a6508/developmental-milestones-sight) | * [Smiles](http://www.babycenter.in/x554844/when-will-my-baby-smile-for-the-first-time) * Laughs * Holds head at 45-degree angle |
| Child's Age : [Two months](http://www.babycenter.in/a717/baby-development-your-2-month-old) | | |
| * Vocalises sounds - gurgling and cooing * Follows objects * [Holds head up](http://www.babycenter.in/a6579/developmental-milestones-head-control) for short periods | * [Smiles, laughs](http://www.babycenter.in/a6576/developmental-milestones-socialisation) * Holds head at 45-degree angle * Movements become smoother | * Holds head steady * Bears weight on legs * May [lift head and shoulder (mini-pushup)](http://www.babycenter.in/a6504/developmental-milestones-rolling-over) |
| Child's Age : [Three months](http://www.babycenter.in/a718/baby-development-your-3-month-old) | | |
| * Laughs * Holds head steady * [Recognises your face](http://www.babycenter.in/a6508/developmental-milestones-sight)and scent | * Squeals, [gurgles, coos](http://www.babycenter.in/a6573/developmental-milestones-talking) * Recognises your voice * Does mini-pushups | * Turns towards loud sounds * Can bring hands together and may bat at toys * Can [roll over](http://www.babycenter.in/a6504/developmental-milestones-rolling-over) |
| Child's Age : [Four months](http://www.babycenter.in/a719/baby-development-your-4-month-old) | | |
| * Holds [head up steadily](http://www.babycenter.in/a6579/developmental-milestones-head-control) * Can bear weight on legs * Coos when you talk to him | * Can [grasp a toy](http://www.babycenter.in/a6578/developmental-milestones-grasping) * Reaches out for objects * Can roll over | * Imitates speech sounds - baba, dada * May [cut first tooth](http://www.babycenter.in/a6574/developmental-milestones-teething) |
| Child's Age : [Five months](http://www.babycenter.in/a720/baby-development-your-5-month-old) | | |
| * Can [distinguish between bold colours](http://www.babycenter.in/a6508/developmental-milestones-sight) * Can roll over * Amuses himself by playing with hands and feet | * Turns towards[new sounds](http://www.babycenter.in/a6509/developmental-milestones-hearing) * Recognises own name * May be [ready for solids](http://www.babycenter.in/c1051400/getting-started-on-first-foods) | * May sit momentarily without support * Mouths objects * [Stranger anxiety](http://www.babycenter.in/a6577/developmental-milestones-separation-and-independence) may begin |
| Child's Age : [Six months](http://www.babycenter.in/a721/baby-development-your-6-month-old) | | |
| * Turns towards sounds and voices * [Imitates sounds,](http://www.babycenter.in/a6573/developmental-milestones-talking) blows bubbles * Rolls in both directions | * Reaches for objects and mouths them * Sits without support * Is [ready for solids](http://www.babycenter.in/c1051400/getting-started-on-first-foods) | * May lunge forward or[start crawling](http://www.babycenter.in/a6501/developmental-milestones-crawling) * May jabber or combine syllables * May drag object towards himself |